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# Films Illustrating Character Strengths and Virtues

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## Films Illustrating Character Strengths and Virtues

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The following list includes a large number of films that are relevant to classes in positive psychology and related subjects. The films are classified according to the positive psychology typology developed by Chris Peterson and Marty Seligman in their book titled *Character Strengths and Virtues: A Handbook and Classification* (2004). All films are rated on a 5-point scale using psi symbols; however, only pedagogically meaningful films (i.e., only films with ratings of 3 - 5) are included here. Short clips from these films can sometimes be used to illustrate various psychological principles and points. Students are encouraged to see the films in small groups, and the viewing experience can be used to enhance, supplement, and expand class discussions. The list is taken from the book [\*Positive Psychology at the Movies: Using Films to Build Virtues and Character Strengths\*](http://www.hogrefe.com/?mod=detail&ISBN=978-0-88937-352-5) (Niemiec & Wedding, 2008).  
<http://www.hogrefe.com/?mod=detail&ISBN=978-0-88937-352-5>

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## Appendix G

# Positive Psychology Movies

## Films That Can Inspire and Build Virtues and Character Strengths

This appendix consists only of Positive Psychology Movies. These ratings take the quality of the film into consideration; however, we emphasize each film's pedagogical value and its ability to inspire viewers.

The positive psychology film meets one or more of the following criteria (Niemiec, 2007):

- 1) Balanced portrayal of a character strength
- 2) Realistic depiction of obstacles or setbacks for the character
- 3) Character uses his/her strength(s) to overcome or face the barriers and adversity
- 4) Uplifting or inspiring tone (including music, cinematography, or film mood)

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### ΨΨΨΨΨ

Excellent (Must-see film). Outstanding portrayal of a character strength; represents several strengths and virtues; and/or excellent film for teaching and/or clinical purposes; satisfies three or four of the above criteria.

### ΨΨΨΨ

Very Good (Definitely worth your time). Good portrayal of strength in leading or supporting character roles; satisfies two or three of the above criteria.

### ΨΨΨ

Good (Potentially worth your time). Decent portrayal of a strength; strength loosely represented, not fully balanced, or is of minor emphasis; a minor character portrays a strength; satisfies one or two of the above criteria.

We do not list or rate films that only qualify for one or two psi symbols; they are not good examples of positive psychology movies or a good investment of your time.

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## WISDOM: Creativity (originality, ingenuity)

*8 mile* (2002) ሃሃሃ  
*Absent-Minded Professor, The* (1961) ሃሃሃ  
*AKA* (2002, U.K.) ሃሃሃ  
*Amadeus* (1984) ሃሃሃሃ  
*Aviator* (2004) ሃሃሃሃሃ  
*Back to the Future* (1985) ሃሃሃ  
*Beautiful Mind, A* (2001) ሃሃሃሃሃ  
*Beyond the Sea* (2004) ሃሃሃ  
*Billy Elliot* (2000, U.K.) ሃሃሃሃሃ  
*Blue Car* (2003) ሃሃሃ  
*Bridge to Terabithia* (2007) ሃሃሃሃ  
*Chicago* (2002) ሃሃሃ  
*Chitty Chitty Bang Bang* (1968) ሃሃሃ  
*Conversation(s) with Other Women* (2005) ሃሃሃ  
*Dancer in the Dark* (2000, Denmark) ሃሃሃ  
*Danny Deckchair* (2004, Australia) ሃሃሃ  
*De-Lovely* (2004) ሃሃሃ  
*Dreamgirls* (2006) ሃሃሃ  
*Dreams* (1990, Japan) ሃሃሃ  
*Edison, the Man* (1940) ሃሃሃ  
*Edward Scissorhands* (1990) ሃሃሃሃ  
*Emperor's Club, The* (2002) ሃሃሃሃ  
*Freedom Writers* (2007) ሃሃሃሃሃ  
*Henry Fool* (1997) ሃሃሃ  
*Hobart Shakespearians, The* (2005) ሃሃሃ  
*Illusionist, The* (2006) ሃሃሃሃ  
*I'm Not There* (2007) ሃሃሃ  
*In Cold Blood* (1967) ሃሃሃ  
*I.Q.* (1994) ሃሃሃ  
*La Vie en Rose* (2007, France) ሃሃሃ  
*Life Is Beautiful* (1997, Italy) ሃሃሃሃሃ  
*Manic* (2001) ሃሃሃ  
*Mona Lisa Smile* (2004) ሃሃሃ  
*Mr. Holland's Opus* (1995) ሃሃሃሃ  
*Mrs. Henderson Presents* (2005) ሃሃሃሃ  
*My Left Foot* (1989, Ireland/U.K.) ሃሃሃሃ  
*Once* (2006, Ireland) ሃሃሃሃ  
*Overture, The* (2004, Thailand) ሃሃሃሃ  
*Pan's Labyrinth* (2006, Mexico) ሃሃሃሃሃ  
*Pollock* (2000) ሃሃሃ  
*Ponette* (1999, France) ሃሃሃሃ

*Proof* (2005) ሃሃሃ  
*Prozac Nation* (2005) ሃሃሃ  
*Ray* (2004) ሃሃሃሃ  
*Return to Oz* (1985) ሃሃሃ  
*Right Now* (2004, France) ሃሃሃ  
*Rivers and Tides* (2001, Germany/Finland) ሃሃሃሃ  
*Russian Ark* (2003, Russia) ሃሃሃ  
*Shakespeare Behind Bars* (2006) ሃሃሃሃ  
*Shine* (1996, Australia) ሃሃሃ  
*Sketches of Frank Gehry* (2006) ሃሃሃ  
*Surviving Picasso* (1996) ሃሃሃ  
*Sylvia* (2003, U.K.) ሃሃሃ  
*Terminal, The* (2004) ሃሃሃሃሃ  
*To Be and to Have* (2002, France) ሃሃሃሃሃ  
*Together* (2002, China) ሃሃሃሃ  
*Tucker: The Man and His Dream* (1988) ሃሃሃ  
*Vincent* (1987, Australia) ሃሃሃ  
*Vincent and Theo* (1990, Netherlands) ሃሃሃ  
*Walk the Line* (2005) ሃሃሃሃሃ  
*Yellow Brick Road* (2005) ሃሃሃ  
*Yes Men, The* (2003) ሃሃሃ

## WISDOM: Curiosity (interest, novelty-seeking, openness to experience)

*10 Items or Less* (2007) ሃሃሃሃ  
*Adventures of Robinson Crusoe, The* (1954) ሃሃሃ  
*Apt Pupil* (1998) ሃሃሃ  
*Belle de Jour* (1967, France/Italy) ሃሃሃ  
*Close Encounters of the Third Kind* (1977) ሃሃሃሃ  
*Everything Is Illuminated* (2005) ሃሃሃሃ  
*Faraway, So Close* (1993, Germany) ሃሃሃሃ  
*God Grew Tired of Us* (2006) ሃሃሃሃ  
*I Am Curious (Yellow)* (1967, Sweden) ሃሃሃ  
*Last Images of the Shipwreck* (1989, Argentina) ሃሃሃሃሃ  
*Machinist, The* (2004, Spain) ሃሃሃ  
*Madame Curie* (1943) ሃሃሃሃ

*Man Without a Past, The* (2002, Finland) **ΨΨΨ**  
*Melvin Goes to Dinner* (2003) **ΨΨΨ**  
*Memento* (2000) **ΨΨΨ**  
*Mongolian Ping-Pong* (2005, China) **ΨΨΨΨΨ**  
*My Dinner with Andre* (1981) **ΨΨΨΨ**  
*Rear Window* (1954) **ΨΨΨΨΨ**  
*Secret Garden, The* (1993) **ΨΨΨΨ**  
*Secrets of the Heart* (1997, Spain) **ΨΨΨΨΨ**  
*Sideways* (2004) **ΨΨΨ**  
*Star Maker, The* (1995, Italy) **ΨΨΨΨ**  
*Swimming Pool* (2002, France/U.K.) **ΨΨΨ**  
*Wings of Desire* (1987, West Germany) **ΨΨΨΨΨ**  
*Wondrous Oblivion* (2003, U.K.) **ΨΨΨ**

### **WISDOM: Open-mindedness (judgment, critical thinking)**

*25th Hour* (2002) **ΨΨΨ**  
*Before Sunrise* (1995) **ΨΨΨΨ**  
*Before Sunset* (2004) **ΨΨΨΨ**  
*Darwin Awards, The* (2006) **ΨΨΨ**  
*Eyes Wide Shut* (1999) **ΨΨΨΨ**  
*Fargo* (1996) **ΨΨΨΨΨ**  
*Hairspray* (2007) **ΨΨΨ**  
*Harold and Maude* (1971) **ΨΨΨΨΨ**  
*Into Me See* (2005) **ΨΨΨΨ**  
*Japanese Story* (2003, Australia) **ΨΨΨΨ**  
*Matrix, The* (1999; 2003; 2003) **ΨΨΨΨΨ**  
*Michael Clayton* (2007) **ΨΨΨΨ**  
*Monsieur Ibrahim* (2003, France) **ΨΨΨΨΨ**  
*Mostly Martha* (2001, Italy) **ΨΨΨ**  
*Pi* (1998) **ΨΨΨΨ**  
*Pure Formality, A* (1994, France) **ΨΨΨΨ**  
*Rashômon* (1950, Japan) **ΨΨΨΨΨ**  
*Terminal, The* (2004) **ΨΨΨΨΨ**  
*Vanilla Sky* (2001) **ΨΨΨ**  
*Water* (2006, India) **ΨΨΨΨΨ**

### **WISDOM: Love of Learning**

*Akeelah and the Bee* (2006) **ΨΨΨΨΨ**  
*Beautiful Mind, A* (2001) **ΨΨΨΨΨ**

*Bee Season* (2005) **ΨΨΨ**  
*Billy Elliot* (2000) **ΨΨΨΨ**  
*Chorus, The* (2004) **ΨΨΨΨΨ**  
*Dead Poets Society* (1989) **ΨΨΨΨ**  
*Freedom Writers* (2007) **ΨΨΨ**  
*Harvie Krumpet* (2003, Australia) **ΨΨΨΨ**  
*Mad Hot Ballroom* (2005) **ΨΨΨΨΨ**  
*Memoirs of a Geisha* (2005) **ΨΨΨΨ**  
*Mona Lisa Smile* (2003) **ΨΨΨ**  
*Spellbound* (1945) **ΨΨΨΨ**  
*Thumbsucker* (2005) **ΨΨΨ**  
*Unknown White Male* (2005) **ΨΨΨΨ**  
*Wild Parrots of Telegraph Hill, The* (2003) **ΨΨΨ**  
*Yentl* (1983) **ΨΨΨ**

### **WISDOM: Perspective (wisdom)**

*Antonia's Line* (1995, Netherlands) **ΨΨΨΨΨ**  
*Antwone Fisher* (2002) **ΨΨΨ**  
*Chorus, The* (2004, France) **ΨΨΨΨΨ**  
*Coach Carter* (2005) **ΨΨΨ**  
*Crash* (2004) **ΨΨΨΨ**  
*Feast of Love* (2007) **ΨΨΨΨ**  
*Fountain, The* (2006) **ΨΨΨΨΨ**  
*Karate Kid, The* (1984) **ΨΨΨ**  
*Life as a House* (2001) **ΨΨΨΨΨ**  
*Lord of the Rings, The* (2001; 2002; 2003) **ΨΨΨΨ**  
*On Golden Pond* (2001) **ΨΨΨΨΨ**  
*Peaceful Warrior* (2006) **ΨΨΨΨΨ**  
*Star Wars* (1977; 1980; 1983; 1999; 2002; 2005) **ΨΨΨΨΨ**  
*Taste of Cherry* (1997, Iran) **ΨΨΨΨ**  
*To Be and to Have* (2002, France) **ΨΨΨΨΨ**  
*Valentin* (2002, Argentina) **ΨΨΨΨ**

### **COURAGE: Bravery (valor)**

*12 Angry Men* (1957) **ΨΨΨΨΨ**  
*16 Blocks* (2006) **ΨΨΨ**  
*Aliens* (1986) **ΨΨΨ**  
*American History X* (1998) **ΨΨΨΨ**

*Analyze That* (2001) ሃሃሃ  
*Analyze This* (1999) ሃሃሃ  
*Antwone Fisher* (2002) ሃሃሃሃሃ  
*Apollo 13* (1995) ሃሃሃሃሃ  
*Australian Rules* (2002, Australia) ሃሃሃ  
*Babel* (2006) ሃሃሃሃ  
*Batman Begins* (2005) ሃሃሃሃሃ  
*Blood Diamond* (2006) ሃሃሃሃ  
*Broken English* (2007) ሃሃሃ  
*Braveheart* (1995) ሃሃሃሃሃ  
*Celebration, The* (1998, Denmark) ሃሃሃ  
*City of God* (2002, Brazil) ሃሃሃ  
*Constant Gardener, The* (2005, Germany/U.K.) ሃሃሃሃ  
*Cool Hand Luke* (1967) ሃሃሃሃሃሃ  
*Defending Your Life* (1991) ሃሃሃሃ  
*Diary of Anne Frank, The* (1959) ሃሃሃሃሃ  
*Don't Tell* (2005, Italy) ሃሃሃሃ  
*Duma* (2005) ሃሃሃሃ  
*Elling* (2001, Norway) ሃሃሃሃሃሃ  
*Emmanuel's Gift* (2005) ሃሃሃሃሃ  
*Europa, Europa* (1991, Germany) ሃሃሃሃ  
*Fugitive, The* (1993) ሃሃሃሃ  
*Good Night, and Good Luck* (2005) ሃሃሃሃሃ  
*Good Will Hunting* (1997) ሃሃሃሃሃ  
*Ground Truth, The* (2006) ሃሃሃሃ  
*Happy Feet* (2006) ሃሃሃሃ  
*Hollywoodland* (2006) ሃሃሃሃ  
*Hotel Rwanda* (2004) ሃሃሃሃሃሃ  
*Into the Arms of Strangers: Stories of the Kindertransport* (2000, U.K.) ሃሃሃሃ  
*Jailhouse Rock* (1957) ሃሃሃሃ  
*Kinsey* (2004) ሃሃሃሃ  
*Kite Runner, The* (2007) ሃሃሃሃሃሃ  
*Let There Be Light* (1946) ሃሃሃሃሃ  
*Man Escaped, A* (1956, France) ሃሃሃሃሃሃ  
*Manchurian Candidate, The* (1962; 2004) ሃሃሃሃሃ  
*Murderball* (2004) ሃሃሃሃሃሃ  
*North Country* (2005) ሃሃሃሃሃሃ  
*Open Water* (2003) ሃሃሃሃሃ  
*Paths of Glory* (1957) ሃሃሃሃሃሃሃ  
*Personal Velocity* (2002) ሃሃሃሃሃሃ  
*Popeye* (1980) ሃሃሃሃሃሃ  
*Punch-Drunk Love* (2002) ሃሃሃሃሃሃ  
*Rebel Without a Cause* (1955) ሃሃሃሃሃሃ  
*Saving Private Ryan* (1998) ሃሃሃሃሃሃ

*Schindler's List* (1993) ሃሃሃሃሃሃ  
*Seoul Train* (2004) ሃሃሃሃሃ  
*Silence of the Lambs* (1991) ሃሃሃሃ  
*Sound of Music, The* (1965) ሃሃሃሃሃሃ  
*South Central* (1992) ሃሃሃሃሃ  
*United 93* (2006) ሃሃሃሃሃሃ  
*World Trade Center* (2006) ሃሃሃሃሃሃ

## COURAGE: Integrity (authenticity, honesty)

*3:10 to Yuma* (2007) ሃሃሃሃ  
*40-Year-Old Virgin, The* (2005) ሃሃሃሃ  
*Adventures of Priscilla, Queen of the Desert, The* (1994, Australia) ሃሃሃሃሃ  
*All the President's Men* (1976) ሃሃሃሃሃሃ  
*Captain Courageous* (1937) ሃሃሃሃሃሃ  
*Chariots of Fire* (1981) ሃሃሃሃሃሃሃ  
*Charlie and the Chocolate Factory* (2005) ሃሃሃሃሃሃ  
*Civil Action, A* (1998) ሃሃሃሃሃ  
*Contender, The* (2000) ሃሃሃሃሃ  
*Corpse Bride* (2005) ሃሃሃሃሃሃሃ  
*Courage Under Fire* (1996) ሃሃሃሃሃ  
*Dark Victory* (1939) ሃሃሃሃሃሃ  
*Dead Poets Society* (1989) ሃሃሃሃሃሃሃ  
*Dirty, Filthy Love* (2004, U.K.) ሃሃሃሃሃሃ  
*Dogville* (2003) ሃሃሃሃሃሃ  
*Erin Brokovich* (2000) ሃሃሃሃሃሃ  
*Few Good Men, A* (1992) ሃሃሃሃሃሃሃ  
*Insomnia* (2002) ሃሃሃሃሃሃሃ  
*Intimate Strangers* (2004, France) ሃሃሃሃሃሃሃ  
*Kissing Jessica Stein* (2002) ሃሃሃሃሃሃ  
*Legend of Bagge Vance, The* (2000) ሃሃሃሃሃሃሃ  
*Lives of Others, The* (2006) ሃሃሃሃሃሃ  
*Man of the Year* (2006) ሃሃሃሃሃሃ  
*Matchstick Men* (2003) ሃሃሃሃሃሃ  
*Meet John Doe* (1941) ሃሃሃሃሃሃሃ  
*Mr. Smith Goes to Washington* (1939) ሃሃሃሃሃሃሃ  
*My Name Is Bill W.* (1989) ሃሃሃሃሃሃሃ  
*Normal* (2003) ሃሃሃሃሃሃሃ  
*On the Waterfront* (1954) ሃሃሃሃሃሃሃሃ  
*Papillion* (1973) ሃሃሃሃሃሃሃ  
*Patch Adams* (1998) ሃሃሃሃሃሃሃ  
*Piano, The* (1993, Australia) ሃሃሃሃሃሃሃ

*Prime* (2005) ሃሃሃ  
*Right Stuff, The* (1983) ሃሃሃሃሃ  
*Schindler's List* (1993) ሃሃሃ  
*Shark Tale* (2004) ሃሃሃ  
*Side Effects* (2005) ሃሃሃሃ  
*Silkwood* (1983) ሃሃሃሃ  
*Strictly Ballroom* (1992, Australia) ሃሃሃ  
*To Kill a Mockingbird* (1962) ሃሃሃሃሃ  
*Verdict, The* (1982) ሃሃሃሃሃ  
*Willy Wonka and the Chocolate Factory*  
 (1971) ሃሃሃሃ

### **COURAGE: Vitality (zest, enthusiasm, vigor, energy)**

*400 Blows, The* (1959, France) ሃሃሃሃሃ  
*Aladdin* (1992) ሃሃሃሃ  
*Buena Vista Social Club* (1999,  
 Germany/Cuba) ሃሃሃሃሃ  
*Cabaret* (1972) ሃሃሃሃ  
*Cinema Paradiso* (1988, Italy) ሃሃሃሃሃሃ  
*Farther Than the Eye Can See* (2003)  
 ሃሃሃሃ  
*Finding Neverland* (2004) ሃሃሃሃሃ  
*Girl, Interrupted* (1999) ሃሃሃሃ  
*Hook* (1991) ሃሃሃሃ  
*In America* (2002) ሃሃሃሃ  
*Long Life, Happiness and Prosperity*  
 (2002, Canada) ሃሃሃሃ  
*Man Who Wasn't There, The* (2001) ሃሃሃሃ  
*Mary Poppins* (1964) ሃሃሃሃሃ  
*Meet Me in St. Louis* (1944) ሃሃሃሃ  
*My Fair Lady* (1964) ሃሃሃሃ  
*My Flesh and Blood* (2004) ሃሃሃሃ  
*My Left Foot* (1989, Ireland/U.K.) ሃሃሃሃ  
*Oliver!* (1968, U.K.) ሃሃሃሃ  
*One Flew over the Cuckoo's Nest* (1975)  
 ሃሃሃሃሃሃ  
*Pelle the Conqueror* (1987, Denmark)  
 ሃሃሃሃሃሃ  
*Peter Pan* (1953; 2003) ሃሃሃሃ  
*Places in the Heart* (1984) ሃሃሃሃሃሃ  
*Singin' in the Rain* (1952) ሃሃሃሃሃሃ  
*Sound of Music, The* (1965) ሃሃሃሃሃሃ  
*West Side Story* (1961) ሃሃሃሃሃሃ  
*What's Love Got to Do with It?* (1993)  
 ሃሃሃሃሃ  
*White Oleander* (2002) ሃሃሃሃሃ

*World's Fastest Indian, The* (2005, New  
 Zealand) ሃሃሃሃሃሃ

### **COURAGE: Persistence (perseverance, industriousness)**

*2001: A Space Odyssey* (1968) ሃሃሃሃሃሃ  
*Akeelah and the Bee* (2006) ሃሃሃሃሃሃ  
*Ali Zoua: Prince of the Streets* (2000,  
 Morocco) ሃሃሃሃ  
*Bicycle Thief, The* (1948, France)  
 ሃሃሃሃሃሃ  
*Born into Brothels* (2004, India) ሃሃሃሃሃ  
*Character* (1998, Netherlands) ሃሃሃሃ  
*Chariots of Fire* (1981) ሃሃሃሃሃሃ  
*Children of Heaven* (1997, Iran) ሃሃሃሃሃ  
*Cinderella Man* (2005) ሃሃሃሃሃ  
*City of Lost Children, The* (1995, France)  
 ሃሃሃሃሃሃ  
*Color Purple, The* (1985) ሃሃሃሃሃሃ  
*Cool Hand Luke* (1967) ሃሃሃሃሃሃ  
*Da Vinci Code, The* (2006) ሃሃሃሃሃ  
*Diving Bell and the Butterfly, The* (2007,  
 France/U.S.) ሃሃሃሃሃሃ  
*Door to Door* (2002) ሃሃሃሃሃ  
*Dreamgirls* (2006) ሃሃሃሃ  
*East-West* (1999, France) ሃሃሃሃ  
*Elling* (2002, Norway) ሃሃሃሃሃሃ  
*Endurance, The* (2000, Germany/U.S.)  
 ሃሃሃሃሃሃ  
*Equus* (1977) ሃሃሃሃሃ  
*Fame* (1980) ሃሃሃሃሃ  
*Farther Than the Eye Can See* (2003)  
 ሃሃሃሃሃ  
*Fitzcarraldo* (1982, Germany) ሃሃሃሃ  
*Flightplan* (2005) ሃሃሃሃሃ  
*Forrest Gump* (1994) ሃሃሃሃሃሃ  
*Gerry* (2002) ሃሃሃሃሃ  
*Grapes of Wrath, The* (1940) ሃሃሃሃሃሃ  
*Great Debaters, The* (2007) ሃሃሃሃሃሃ  
*Harry Potter* (2001; 2002; 2004; 2005;  
 2007) ሃሃሃሃሃሃ  
*Hours, The* (2002) ሃሃሃሃሃሃ  
*Island on Bird Street, The* (2000) ሃሃሃሃሃ  
*Italian, The* (2005, Russia) ሃሃሃሃሃ  
*Jonathan Livingston Seagull* (1973) ሃሃሃሃ  
*Karate Kid, The* (1984) ሃሃሃሃሃ

*Kill Bill: Vol. 1 and Vol. 2* (2003; 2004)

ΨΨΨΨΨ

*K-PAX* (2001) ΨΨΨ

*Lilja 4-Ever* (2002, Sweden) ΨΨΨ

*Maria, Full of Grace* (2004, Columbia/U.S.) ΨΨΨΨ

*Memento* (2000) ΨΨΨΨΨ

*Mighty Heart, A* (2007) ΨΨΨ

*Million Dollar Baby* (2004) ΨΨΨΨ

*Mountain Patrol* (2004, China) ΨΨΨ

*Mr. Smith Goes to Washington* (1939)

ΨΨΨΨΨ

*Mrs. Miniver* (1942) ΨΨΨΨ

*Nobody Knows* (2004, Japan) ΨΨΨ

*Not One Less* (1999, China) ΨΨΨΨΨ

*October Sky* (1999) ΨΨΨ

*Old Well* (1986, China) ΨΨΨ

*Peace One Day* (2004, U.K.) ΨΨΨΨ

*Peaceful Warrior* (2006) ΨΨΨΨΨ

*Pianist, The* (2002,

France/Germany/U.K./Poland)

ΨΨΨΨΨ

*Pixote* (1981, Brazil) ΨΨΨ

*Pride of the Yankees, The* (1942)

ΨΨΨΨΨ

*Pursuit of Happiness, The* (2006)

ΨΨΨΨΨ

*Rabbit-Proof Fence* (2002, Australia)

ΨΨΨΨ

*Rain* (2001, New Zealand) ΨΨΨ

*Ratcatcher* (1999) ΨΨΨ

*Return, The* (2003, Russia) ΨΨΨ

*Rocky* (1976) ΨΨΨΨ

*Rocky Balboa* (2006) ΨΨΨ

*Rudy* (1993) ΨΨΨΨ

*Salaam Bombay!* (1988, India/U.K.)

ΨΨΨΨ

*Secret of Dr. Kildare, The* (1939) ΨΨΨ

*Sergeant York* (1941) ΨΨΨΨΨ

*Souder* (1972) ΨΨΨΨ

*Spirit of St. Louis, The* (1957) ΨΨΨΨ

*Star Wars* (1977; 1980; 1983; 1999; 2002;

2005) ΨΨΨΨΨ

*Story of Qiu Ju, The* (1992, China/Hong Kong) ΨΨΨ

*To Live* (1994, China/Hong Kong)

ΨΨΨΨΨ

*Touching the Void* (2003) ΨΨΨΨΨ

*Warm Springs* (2005) ΨΨΨ

*Whale Rider* (2003, New Zealand)

ΨΨΨΨΨ

*White Oleander* (2002) ΨΨΨΨ

## HUMANITY: Love

*2046* (2004, China) ΨΨΨ

*3-Iron* (2004, South Korea) ΨΨΨΨ

*Across the Universe* (2007) ΨΨΨ

*Affair to Remember, An* (1957) ΨΨΨΨ

*Always* (1989) ΨΨΨ

*Anna Karenina* (1948, U.K.) ΨΨΨ

*Annie Hall* (1977) ΨΨΨΨ

*Atonement* (2007) ΨΨΨΨ

*Away from Her* (2006, Canada) ΨΨΨΨΨ

*Beaches* (1988) ΨΨΨ

*Beautiful Mind, A* (2001) ΨΨΨ

*Before Sunrise* (1995) ΨΨΨ

*Before Sunset* (2004) ΨΨΨ

*Blood Diamond* (2006) ΨΨΨ

*Brazil* (1985, U.K.) ΨΨΨ

*Breakfast at Tiffany's* (1961) ΨΨΨ

*Bridges of Madison County, The* (1995)

ΨΨΨ

*Carrington* (1995, U.K.) ΨΨΨ

*Casablanca* (1942) ΨΨΨΨΨ

*Central Station* (1998, Brazil) ΨΨΨ

*Changing Hearts* (2002) ΨΨΨ

*Cinderella* (1950) ΨΨΨ

*Cinema Paradiso* (1988, Italy) ΨΨΨΨΨ

*City Lights* (1931) ΨΨΨΨΨ

*City of Angels* (1998) ΨΨΨ

*Crash* (2004) ΨΨΨ

*Déjà vu* (1997) ΨΨΨ

*Don Juan DeMarco* (1995) ΨΨΨ

*Dopamine* (2003) ΨΨΨ

*Dr. Zhivago* (1965) ΨΨΨΨΨ

*Enchanted* (2007) ΨΨΨ

*English Patient, The* (1996) ΨΨΨΨ

*Eros* (2004, U.S./Italy/Hong Kong) ΨΨΨ

*Feast of Love* (2007) ΨΨΨΨ

*Finding Forrester* (2000) ΨΨΨ

*Fisher King, The* (1991) ΨΨΨ

*Fountain, The* (2006) ΨΨΨ

*Garden State* (2004) ΨΨΨ

*Ghost* (1990) ΨΨΨ

*Gone with the Wind* (1939) ΨΨΨ

*Green Mile, The* (1999) ΨΨΨ



- Happy Endings* (2005) የሆላዎ  
*Hired Heart, The* (1997) የሆላዎ  
*Holiday, The* (2006) የሆላዎ  
*Illusionist, The* (2006) የሆላዎ  
*Immortal Beloved* (1994, U.K./U.S.) የሆላዎ  
*Innocence* (2000) የሆላዎ  
*Iris* (2001) የሆላዎ  
*Italian for Beginners* (2000, Denmark) የሆላዎ  
*Junebug* (2005) የሆላዎ  
*Keeping Up with the Steins* (2006) የሆላዎ  
*Kid, The* (1921) የሆላዎ  
*Kolya* (1996, Czech Republic) የሆላዎ  
*Lake House, The* (2006) የሆላዎ  
*Lantana* (2001, Australia) የሆላዎ  
*Last Kiss, The* (2006) የሆላዎ  
*Life Is Beautiful* (1997, Italy) የሆላዎ  
*Like Water for Chocolate* (1992, Mexico) የሆላዎ  
*Lost in Translation* (2003) የሆላዎ  
*Love Actually* (2003) የሆላዎ  
*Map of the Human Heart* (1993) የሆላዎ  
*Midnight Cowboy* (1969) የሆላዎ  
*Monsieur Ibrahim* (2003, France) የሆላዎ  
*Monsoon Wedding* (2001) የሆላዎ  
*Monsters Ball* (2001) የሆላዎ  
*Mother Teresa* (2003, Spain/U.K.) የሆላዎ  
*Moulin Rouge* (2001) የሆላዎ  
*My Big Fat Greek Wedding* (2002) የሆላዎ  
*My First Mister* (2001) የሆላዎ  
*Namesake, The* (2006, India/U.S.) የሆላዎ  
*Never Again* (2001) የሆላዎ  
*New World, The* (2005) የሆላዎ  
*Notebook, The* (2004) የሆላዎ  
*Oasis* (2002, South Korea) የሆላዎ  
*Officer and a Gentleman, An* (1982) የሆላዎ  
*OH in Ohio, The* (2006) የሆላዎ  
*On Golden Pond* (1981) የሆላዎ  
*Paris, I Love You* (2006, France) የሆላዎ  
*Passion Fish* (1992) የሆላዎ  
*Pauline and Paulette* (2001, Belgium) የሆላዎ  
*Perfect World, A* (1993) የሆላዎ  
*Phantom of the Opera, The* (2004) የሆላዎ  
*Postman, The (Il Postino)* (1994, France) የሆላዎ  
*Pretty Woman* (1990) የሆላዎ  
*Princess Bride, The* (1987) የሆላዎ  
*Reconstruction* (2003, Denmark) የሆላዎ  
*Reign Over Me* (2007) የሆላዎ  
*River Runs Through It, A* (1992) የሆላዎ  
*Road Home, The* (1999, China) የሆላዎ  
*Rocky Balboa* (2006) የሆላዎ  
*Roman Holiday* (1953) የሆላዎ  
*Romeo and Juliet* (1968, U.K./Italy) የሆላዎ  
*Secondhand Lions* (2003) የሆላዎ  
*Shakespeare in Love* (1998) የሆላዎ  
*SherryBaby* (2006) የሆላዎ  
*Shopgirl* (2005) የሆላዎ  
*Short Film About Love, A* (1988, Poland) የሆላዎ  
*Sleeping Beauty* (1959) የሆላዎ  
*Sleepless in Seattle* (1993) የሆላዎ  
*Something's Gotta Give* (2003) የሆላዎ  
*Somewhere in Time* (1980) የሆላዎ  
*Son of the Bride* (2001, Argentina) የሆላዎ  
*Sophie's Choice* (1982) የሆላዎ  
*Spanglish* (2004) የሆላዎ  
*Steel Magnolias* (1989) የሆላዎ  
*Story of Us, The* (1999) የሆላዎ  
*Strawberry and Chocolate* (1994, Cuba) የሆላዎ  
*Taste of Others, The* (2000, France) የሆላዎ  
*Tea with Mussolini* (1999, Italy) የሆላዎ  
*Thelma and Louise* (1991) የሆላዎ  
*Thirteen* (2003) የሆላዎ  
*Three Colors: Red* (1994, Poland) የሆላዎ  
*Tiger and the Snow, The* (2005, Italy) የሆላዎ  
*Titanic* (1997) የሆላዎ  
*Toy Story* (1995) የሆላዎ  
*Truly Madly Deeply* (1990) የሆላዎ  
*Trust* (1990) የሆላዎ  
*Tuck Everlasting* (2002) የሆላዎ  
*Twin Sisters* (2002, Netherlands) የሆላዎ  
*Under the Sun* (1998, Sweden) የሆላዎ  
*Under the Tuscan Sun* (2003) የሆላዎ  
*United 93* (2006) የሆላዎ  
*Venus* (2006, U.K.) የሆላዎ  
*West Side Story* (1961) የሆላዎ  
*When Harry Met Sally* (1989) የሆላዎ  
*What Dreams May Come* (1998) የሆላዎ  
*Yesterday* (2004, South Africa) የሆላዎ

**HUMANITY: Kindness**  
(generosity, nurturance, care,  
compassion, altruistic love,  
niceness)

*About a Boy* (2002) ሃሃሃሃ  
*Accidental Hero, The* (France) ሃሃሃሃ  
*All About My Mother* (1999, Spain) ሃሃሃሃ  
*Amelie* (2001, France) ሃሃሃሃሃሃ  
*As Good as It Gets* (1997) ሃሃሃሃ  
*Babe; Babe: Pig in the City* (1995; 1998)  
 ሃሃሃሃ  
*Babette's Feast* (1987, Denmark) ሃሃሃሃሃ  
*Bagdad Café* (1987, West Germany/U.S.)  
 ሃሃሃሃሃ  
*Bear, The* (1988, France) ሃሃሃሃ  
*Black Snake Moan* (2006) ሃሃሃሃሃ  
*Blood Diamond* (2006) ሃሃሃሃ  
*Charlie and the Chocolate Factory* (2005)  
 ሃሃሃሃ  
*Cherry Orchard, The* (1999,  
 Greece/Cyprus/France) ሃሃሃሃ  
*Chocolat* (2000) ሃሃሃሃ  
*Christmas Carol, A* (1984) ሃሃሃሃ  
*Cider House Rules* (1999) ሃሃሃሃሃ  
*Cup, The* (1999, Bhutan) ሃሃሃሃሃ  
*Equus* (1977) ሃሃሃሃ  
*Family Man, The* (2000) ሃሃሃሃ  
*Grand Canyon* (1991) ሃሃሃሃ  
*Half Nelson* (2006) ሃሃሃሃ  
*Harvey* (1950) ሃሃሃሃ  
*House of Sand & Fog* (2003) ሃሃሃሃ  
*How the Grinch Stole Christmas* (2000)  
 ሃሃሃሃ  
*It Could Happen to You* (1994) ሃሃሃሃ  
*Manderlay* (2005) ሃሃሃሃ  
*Meet John Doe* (1941) ሃሃሃሃ  
*Miracle on 34th Street* (1947) ሃሃሃሃ  
*Monsters Ball* (2001) ሃሃሃሃ  
*Mostly Martha* (2007) ሃሃሃሃ  
*Pay It Forward* (2000) ሃሃሃሃሃ  
*Savages, The* (2007) ሃሃሃሃ  
*Schindler's List* (1993) ሃሃሃሃሃ  
*Secret of Dr. Kildare, The* (1939) ሃሃሃሃሃ  
*Sister Helen* (2002) ሃሃሃሃ  
*Something Like Happiness* (2005, Czech  
 Republic) ሃሃሃሃሃ  
*Touching Wild Horses* (2002, Canada)  
 ሃሃሃሃ

*Tsotsi* (2005, South Africa/U.K.) ሃሃሃሃሃ  
*Vera Drake* (2004, U.K.) ሃሃሃሃ  
*Waitress* (2007) ሃሃሃሃሃሃ  
*Willy Wonka & the Chocolate Factory*  
 (1971) ሃሃሃሃ

**HUMANITY: Social  
Intelligence**  
(emotional, personal intelligence)

*African Queen, The* (1951) ሃሃሃሃሃሃ  
*Away from Her* (2006, Canada) ሃሃሃሃሃሃ  
*Before Sunrise* (1995) ሃሃሃሃሃ  
*Before Sunset* (2004) ሃሃሃሃሃ  
*Breach* (2007) ሃሃሃሃሃሃ  
*Children of a Lesser God* (1986) ሃሃሃሃሃ  
*Coal Miner's Daughter* (1980) ሃሃሃሃሃሃ  
*Don't Come Knocking* (2005) ሃሃሃሃሃ  
*Driving Miss Daisy* (1989) ሃሃሃሃሃ  
*Equilibrium* (2002) ሃሃሃሃ  
*Erin Brockovich* (2000) ሃሃሃሃሃ  
*Five Senses, The* (1999) ሃሃሃሃሃ  
*Great New Wonderful, The* (2005) ሃሃሃሃ  
*History of Violence, A* (2005) ሃሃሃሃ  
*I, Robot* (2004) ሃሃሃሃሃ  
*Juno* (2007) ሃሃሃሃሃ  
*Killing Fields, The* (1984) ሃሃሃሃሃ  
*K-PAX* (2001) ሃሃሃሃሃ  
*Metallica: Some Kind of Monster* (2004)  
 ሃሃሃሃ  
*Nine Lives* (2005) ሃሃሃሃ  
*Once* (2006, Ireland) ሃሃሃሃሃ  
*Searching for Bobby Fischer* (1993) ሃሃሃሃ

**JUSTICE: Citizenship**  
(social responsibility, loyalty,  
teamwork)

*Across the Universe* (2007) ሃሃሃሃ  
*Bad News Bears, The* (1976; 2005) ሃሃሃሃ  
*Batteries Not Included* (1987) ሃሃሃሃ  
*Believe in Me* (2006) ሃሃሃሃ  
*Best Years of Our Lives, The* (1946)  
 ሃሃሃሃሃሃ  
*Coach Carter* (2005) ሃሃሃሃ  
*Cool Runnings* (1993) ሃሃሃሃ

*Divine Secrets of the Ya-ya Sisterhood, The* (2002) **ΨΨΨ**  
*Eight Below* (2006) **ΨΨΨ**  
*Finding Nemo* (2003) **ΨΨΨΨ**  
*Friday Night Lights* (2004) **ΨΨΨ**  
*Game of Their Lives, The* (2005) **ΨΨΨ**  
*Glory Road* (2006) **ΨΨΨ**  
*Grapes of Wrath, The* (1940) **ΨΨΨΨΨ**  
*Hoosiers* (1986) **ΨΨΨΨΨ**  
*Hotel Rwanda* (2004) **ΨΨΨΨΨ**  
*In Good Company* (2004) **ΨΨΨ**  
*Joyeux Noel (Merry Christmas)* (2005) **ΨΨΨΨ**  
*L.A. Confidential* (1997) **ΨΨΨ**  
*Lars and the Real Girl* (2007) **ΨΨΨΨΨ**  
*League of Their Own, A* (1992) **ΨΨΨ**  
*Little Miss Sunshine* (2006) **ΨΨΨΨΨ**  
*Longest Yard, The* (2005) **ΨΨΨ**  
*Lost in Translation* (2003) **ΨΨΨ**  
*Manderlay* (2005, Denmark) **ΨΨΨ**  
*March of the Penguins* (2003, France) **ΨΨΨΨΨ**  
*Mighty Ducks, The* (1992) **ΨΨΨ**  
*Mighty Wind, A* (2003) **ΨΨΨ**  
*Million Dollar Baby* (2004) **ΨΨΨΨ**  
*Miracle* (2004) **ΨΨΨΨ**  
*Mr. Deeds Goes to Town* (1936) **ΨΨΨ**  
*Opal Dream* (2005) **ΨΨΨ**  
*Paper Clips* (2004) **ΨΨΨΨ**  
*People Say I'm Crazy* (2003) **ΨΨΨ**  
*Places in the Heart* (1984) **ΨΨΨΨ**  
*Prairie Home Companion, A* (2006) **ΨΨΨ**  
*Radio* (2003) **ΨΨΨ**  
*Remember the Titans* (2000) **ΨΨΨΨ**  
*Rookie, The* (2002) **ΨΨΨ**  
*Sea Inside, The* (2004, Spain) **ΨΨΨΨ**  
*Shipping News, The* (2001) **ΨΨΨ**  
*Shrek; Shrek 2; Shrek the Third* (2001; 2004; 2007) **ΨΨΨΨ**  
*Sisterhood of the Traveling Pants, The* (2005) **ΨΨΨ**  
*Station Agent, The* (2003) **ΨΨΨΨΨ**  
*Superman* (1978) **ΨΨΨ**  
*Tell Me That You Love Me, Junie Moon* (1970) **ΨΨΨ**  
*We Are Marshall* (2006) **ΨΨΨΨ**  
*Widow of Saint Pierre, The* (2000, France) **ΨΨΨ**

*Winged Migration* (2001, France) **ΨΨΨΨΨ**  
*Without a Trace* (2002) **ΨΨΨ**  
*Yankee Doodle Dandy* (1942) **ΨΨΨ**  
*Z* (1969, Algeria/France) **ΨΨΨΨ**

## JUSTICE: Fairness

*12 Angry Men* (1957) **ΨΨΨΨΨ**  
*Adventures of Robin Hood, The* (1938) **ΨΨΨΨ**  
*Capote* (2005) **ΨΨΨΨ**  
*Compulsion* (1959) **ΨΨΨ**  
*Crimson Gold* (2003, Iran) **ΨΨΨ**  
*Dead Man Walking* (1995) **ΨΨΨ**  
*Defiant Ones, The* (1958) **ΨΨΨΨ**  
*Do the Right Thing* (1989) **ΨΨΨΨ**  
*Focus* (2001) **ΨΨΨΨ**  
*Gandhi* (1982) **ΨΨΨΨΨ**  
*Gentleman's Agreement* (1947) **ΨΨΨ**  
*Girl in the Café, The* (2005, U.K./U.S.) **ΨΨΨ**  
*Guess Who's Coming to Diner* (1967) **ΨΨΨΨΨ**  
*In the Heat of the Night* (1967) **ΨΨΨΨΨ**  
*Last Wave, The* (1977, Australia) **ΨΨΨ**  
*Mighty Times: The Legacy of Rosa Parks* (2002) **ΨΨΨ**  
*Motorcycle Diaries* (2004, Argentina) **ΨΨΨΨ**  
*Music Within* (2007) **ΨΨΨΨ**  
*Norma Rae* (1979) **ΨΨΨΨΨ**  
*Philadelphia* (1993) **ΨΨΨΨ**  
*Robin Hood: Prince of Thieves* (1991) **ΨΨΨΨ**  
*Serpico* (1973) **ΨΨΨ**  
*Shane* (1953) **ΨΨΨΨ**  
*Sullivan's Travels* (1941) **ΨΨΨΨΨ**  
*To Kill a Mockingbird* (1962) **ΨΨΨΨΨ**  
*V for Vendetta* (2005) **ΨΨΨ**  
*Working Girl* (1988) **ΨΨΨ**  
*X-Men, X2, X-Men: The Last Stand* (2000; 2003; 2006) **ΨΨΨ**

**JUSTICE: Leadership**

*Amazing Grace* (2006) ΨΨΨΨ  
*Apollo 13* (1995) ΨΨΨΨ  
*Ben-Hur* (1959) ΨΨΨΨ  
*Blood Diamond* (2006) ΨΨΨ  
*Braveheart* (1995) ΨΨΨΨ  
*City of God* (2002, Brazil) ΨΨΨΨ  
*Dances with Wolves* (1990) ΨΨΨΨ  
*Darfur Now* (2007) ΨΨΨΨ  
*Evita* (1997) ΨΨΨ  
*Gandhi* (1982) ΨΨΨΨΨ  
*Gladiator* (2000) ΨΨΨ  
*Glory* (1989) ΨΨΨΨΨ  
*Gunga Din* (1939) ΨΨΨΨ  
*Henry V* (1989) ΨΨΨΨΨ  
*High Noon* (1952) ΨΨΨΨΨ  
*Inconvenient Truth, An* (2006) ΨΨΨΨ  
*Jimmy Carter: Man From Plains* (2007)  
 ΨΨΨΨ  
*Jonestown: The Life and Death of Peoples  
 Temple* (2006) ΨΨΨ  
*Kundun* (1997) ΨΨΨΨ  
*Last King of Scotland, The* (2006) ΨΨΨ  
*Lawrence of Arabia* (1962) ΨΨΨΨΨ  
*Lion King, The* (1994) ΨΨΨΨ  
*Little Buddha* (1993, France) ΨΨΨ  
*Man for All Seasons, A* (1966) ΨΨΨ  
*Matrix, The* (1999) ΨΨΨ  
*Mr. Smith Goes to Washington* (1939)  
 ΨΨΨΨΨ  
*Norma Rae* (1979) ΨΨΨ  
*Paths of Glory* (1957) ΨΨΨΨΨ  
*Prize Winner of Defiance Ohio* (2005)  
 ΨΨΨ  
*Seven Samurai* (1954, Japan) ΨΨΨΨ  
*Sixth Sense, The* (1999) ΨΨΨ  
*Spartacus* (1960) ΨΨΨΨΨ  
*Twelve O'Clock High* (1949) ΨΨΨΨ

**TEMPERANCE: Forgiveness  
and Mercy**

*Angela's Ashes* (1999) ΨΨΨ  
*Changing Lanes* (2002) ΨΨΨ  
*City of No Limits, The* (2002, Spain) ΨΨΨ  
*Crossing Guard, The* (1995) ΨΨΨ

*Cry, the Beloved Country* (1995, South  
 Africa/U.S.) ΨΨΨ  
*Dead Man Walking* (1995) ΨΨΨΨΨ  
*Diary of a Mad Black Woman* (2005)  
 ΨΨΨ  
*Flatliners* (1990) ΨΨΨΨ  
*In My Country* (2005, South Africa/U.K.)  
 ΨΨΨΨΨ  
*Kite Runner, The* (2007) ΨΨΨΨ  
*Les Miserables* (1998, U.K.) ΨΨΨ  
*Levity* (2003) ΨΨΨΨΨ  
*Mind the Gap* (2004) ΨΨΨΨ  
*Mother Ghost* (2002) ΨΨΨ  
*No Man's Land* (2002, Bosnia-  
 Herzegovina) ΨΨΨΨ  
*Noel* (2004) ΨΨΨ  
*O Brother, Where Art Thou* (2000) ΨΨΨ  
*Ordinary People* (1980) ΨΨΨΨ  
*Queen Margot* (1994, France) ΨΨΨ  
*Regret to Inform* (1998) ΨΨΨ  
*Squid and the Whale, The* (2005) ΨΨΨ  
*Straight Story, The* (1999) ΨΨΨΨΨ  
*Tender Mercies* (1983) ΨΨΨΨ  
*Terms of Endearment* (1983) ΨΨΨΨ  
*Thousand Acres, A* (1997) ΨΨΨ  
*Unfinished Life, An* (2005) ΨΨΨ  
*Upside of Anger, The* (2005) ΨΨΨ  
*Volver* (2006) ΨΨΨΨ  
*World Traveler* (2001) ΨΨΨ

**TEMPERANCE: Humility and  
Modesty**

*10 Questions for the Dalai Lama* (2006)  
 ΨΨΨΨ  
*Batman* (1989; 1992; 1995; 1997; 2005)  
 ΨΨΨΨ  
*Being There* (1979) ΨΨΨ  
*Charisma* (1999, Japan) ΨΨΨ  
*Dalai Lama Renaissance* (2007) ΨΨΨ  
*For Your Consideration* (2006) ΨΨΨ  
*Fourth Wise Man, The* (1985) ΨΨΨΨ  
*Gandhi* (1982) ΨΨΨΨΨ  
*Hero* (2002, Hong Kong) ΨΨΨΨ  
*Keys of the Kingdom, The* (1944) ΨΨΨΨ  
*Little Buddha* (1993, France) ΨΨΨ  
*Memoirs of a Geisha* (2005) ΨΨΨΨ  
*My Name Is Bill W.* (1989) ΨΨΨΨ

*My Super Ex-Girlfriend* (2006) ΨΨΨ  
*Passion of the Christ, The* (2004) ΨΨΨΨ  
*Peaceful Warrior* (2006) ΨΨΨΨΨ  
*Rain Man* (1988) ΨΨΨΨΨ  
*Ringer, The* (2005) ΨΨΨ  
*Seven Years in Tibet* (1997) ΨΨΨ  
*Son of the Bride* (2001, Argentina) ΨΨΨΨ  
*Spider-Man* (2002; 2004; 2007) ΨΨΨΨ  
*Superman* (1978; 1980; 1983; 1987; 2006)  
 ΨΨΨΨ  
*Tiger and the Snow, The* (2005, Italy)  
 ΨΨΨΨ  
*Truman Show, The* (1998) ΨΨΨΨΨ  
*Unbreakable* (2000) ΨΨΨΨ

### TEMPERANCE: Prudence

*As Good as It Gets* (1997) ΨΨΨ  
*Danny Deckchair* (2003) ΨΨΨ  
*Darwin Awards, The* (2006) ΨΨΨ  
*Day the Earth Stood Still, The* (1951)  
 ΨΨΨΨ  
*Driving Miss Daisy* (1989) ΨΨΨΨΨ  
*Not One Less* (1999, China) ΨΨΨΨ  
*Queen, The* (2006, U.K.) ΨΨΨΨΨ  
*Road Home, The* (1999, China) ΨΨΨΨ  
*Sense and Sensibility* (1995) ΨΨΨΨ  
*Shawshank Redemption, The* (1994)  
 ΨΨΨΨΨ  
*Story of the Weeping Camel, The* (2004,  
 Mongolia) ΨΨΨΨΨ

### TEMPERANCE: Self-Regulation (self-control)

*Be Cool* (2005) ΨΨΨ  
*Birdman of Alcatraz* (1962) ΨΨΨΨ  
*Bourne Identity; Bourne Supremacy;  
 Bourne Ultimatum, The* (2002; 2004;  
 2007) ΨΨΨΨ  
*Breaking Away* (1979) ΨΨΨΨΨ  
*Bridge on the River Kwai, The* (1957)  
 ΨΨΨΨΨ  
*Brothers, The* (2001) ΨΨΨ  
*Chorus, The* (2004, France) ΨΨΨΨΨ

*Forrest Gump* (1994) ΨΨΨΨΨ  
*Karate Kid, The* (1984) ΨΨΨ  
*Klepto* (2003) ΨΨΨ  
*Mad Hot Ballroom* (2005) ΨΨΨΨΨ  
*Maltese Falcon, The* (1941) ΨΨΨΨΨ  
*March of the Penguins* (2005, France)  
 ΨΨΨΨΨ  
*Maria Full of Grace* (2004) ΨΨΨΨΨ  
*National Velvet* (1944) ΨΨΨΨ  
*Paper Chase, The* (1973) ΨΨΨ  
*Queen, The* (2006, U.K.) ΨΨΨΨ  
*Snow Walker, The* (2003, Canada) ΨΨΨ  
*Spring, Summer, Fall, Winter...and Spring*  
 (2003, South Korea) ΨΨΨΨ  
*Super Size Me* (2004) ΨΨΨ  
*Syrian Bride, The* (2004, Israel/France)  
 ΨΨΨΨ  
*Warm Water Under a Red Bridge* (2001,  
 Japan) ΨΨΨΨ  
*Warrior, The* (2001) ΨΨΨΨ  
*Woodsman, The* (2004) ΨΨΨ

### TRANSCENDENCE: Appreciation of Beauty and Excellence (awe, wonder, elevation)

*Amelie* (2001, France) ΨΨΨΨΨ  
*American Beauty* (1999) ΨΨΨΨΨ  
*America's Heart and Soul* (2004) ΨΨΨ  
*Baraka* (1992) ΨΨΨΨ  
*Celestine Prophecy* (2006) ΨΨΨ  
*Color of Paradise, The* (1999, Iran) ΨΨΨ  
*Crouching Tiger, Hidden Dragon* (2000,  
 Taiwan) ΨΨΨΨ  
*Eldra* (2002, U.K.) ΨΨΨ  
*Faraway, So Close!* (1993, Germany)  
 ΨΨΨΨ  
*Fearless* (1993) ΨΨΨ  
*Genesis* (2004, France/Italy) ΨΨΨ  
*Grizzly Man* (2005) ΨΨΨΨ  
*Hero* (2002, Hong Kong) ΨΨΨΨ  
*House of Flying Daggers* (2004, Chi-  
 na/Hong Kong) ΨΨΨΨ  
*Into Great Silence* (2004,  
 France/Germany) ΨΨΨΨ  
*It's a Wonderful Life* (1946) ΨΨΨΨΨ

*King Kong* (2005) ΨΨΨ  
*Microcosmos* (1996, France) ΨΨΨΨ  
*Morvern Callar* (2002, U.K.) ΨΨΨΨ  
*My Life Without Me* (2003, Spain/Canada)  
 ΨΨΨ  
*Noi the Albino* (2003, Iceland) ΨΨΨ  
*Out of Africa* (1985) ΨΨΨ  
*Pauline and Paulette* (2000, Belgium)  
 ΨΨΨ  
*Pillow Book, The* (1997, France/U.K.)  
 ΨΨΨ  
*Prestige, The* (2006) ΨΨΨ  
*Scent of Green Papaya, The* (1993,  
 Vietnam) ΨΨΨ  
*Tea with Mussolini* (1999, Italy/U.K.)  
 ΨΨΨ  
*Vertical Ray of the Sun, The* (2000,  
 Vietnam) ΨΨΨ  
*Waking Life* (2001) ΨΨΨ  
*Wind Will Carry Us, The* (1999, Iran)  
 ΨΨΨ  
*Winged Migration* (2002, France) ΨΨΨΨ  
*Wings of Desire* (1987, West Germany)  
 ΨΨΨΨ

## TRANSCENDENCE: Grati- tude

*After Life* (1998, Japan) ΨΨΨ  
*Amelie* (2001, France) ΨΨΨΨΨ  
*Big Night* (1996) ΨΨΨ  
*Click* (2006) ΨΨΨ  
*Color Purple, The* (1985) ΨΨΨΨΨ  
*Delivering Milo* (2001) ΨΨΨ  
*Doctor, The* (1991) ΨΨΨ  
*Eternal Sunshine of the Spotless Mind*  
 (2004) ΨΨΨΨ  
*Fearless* (1993) ΨΨΨΨ  
*For One More Day* (2007) ΨΨΨ  
*Fried Green Tomatoes* (1991) ΨΨΨΨ  
*God Grew Tired of Us* (2006) ΨΨΨΨ  
*Good Year, A* (2006) ΨΨΨ  
*Groundhog Day* (1993) ΨΨΨΨ  
*Harvey* (1950) ΨΨΨ  
*It's a Wonderful Life* (1946) ΨΨΨΨΨ  
*Last Samurai, The* (2003) ΨΨΨ  
*New World, The* (2005) ΨΨΨ  
*Rory O'Shea Was Here* (2004) ΨΨΨ

*Secret, The* (2006) ΨΨΨ  
*SherryBaby* (2006) ΨΨΨ  
*Ultimate Gift, The* (2006) ΨΨΨΨ  
*Willow Tree, The* (2005, Iran) ΨΨΨ

## TRANSCENDENCE: Hope (optimism, future mindedness, future orientation)

*16 Years of Alcohol* (2003) ΨΨΨ  
*Antonia's Line* (1995, Netherlands)  
 ΨΨΨΨΨ  
*Awakenings* (1990) ΨΨΨΨ  
*Babe* (1995) ΨΨΨΨ  
*Black Stallion, The* (1979) ΨΨΨΨ  
*Blue Butterfly* (2004) ΨΨΨ  
*Boys Town* (1938) ΨΨΨΨ  
*Cape of Good Hope* (2004, South Africa)  
 ΨΨΨΨ  
*Cast Away* (1999) ΨΨΨΨΨ  
*Cinderella Man* (2005) ΨΨΨΨ  
*Cooler, The* (2003) ΨΨΨ  
*E.T.: The Extra-Terrestrial* (1982)  
 ΨΨΨΨΨ  
*Enchanted April* (1992) ΨΨΨ  
*Eternity and a Day* (1998,  
 Greece/Germany) ΨΨΨΨΨ  
*Everything's Coming My Way* (2005)  
 ΨΨΨ  
*Fiddler on the Roof* (1971) ΨΨΨ  
*Freedom Writers* (2007) ΨΨΨ  
*Hustle and Flow* (2005) ΨΨΨ  
*In America* (2003) ΨΨΨ  
*Joshua* (2002) ΨΨΨ  
*Legend of Bagger Vance, The* (2000)  
 ΨΨΨΨΨ  
*Lighthouse Hill* (2004, U.K.) ΨΨΨ  
*Lilies of the Field* (1963) ΨΨΨΨΨ  
*Lonesome Jim* (2005) ΨΨΨ  
*Maldonado Miracle, The* (2003) ΨΨΨ  
*Man Escaped, A* (1956, France) ΨΨΨΨΨ  
*Miracle on 34th Street* (1947) ΨΨΨΨΨ  
*Miracle Worker, The* (1962) ΨΨΨΨΨ  
*Nativity Story, The* (2006) ΨΨΨ  
*Pelle the Conqueror* (1987, Denmark)  
 ΨΨΨΨΨ  
*Perez Family, The* (1995) ΨΨΨ  
*Prize Winner of Defiance, Ohio, The*

(2005) **ΨΨΨΨΨ**

- Raisin in the Sun, A* (1961) ΨΨΨΨ  
*Ratcatcher* (1999, U.K., France) ΨΨΨΨ  
*Seabiscuit* (2003) **ΨΨΨΨΨ**  
*Shawshank Redemption, The* (1994)  
**ΨΨΨΨΨ**  
*Stand and Deliver* (1988) ΨΨΨΨ  
*Tender Mercies* (1983) ΨΨΨΨ  
*Thelma and Louise* (1991) ΨΨΨΨ  
*Very Long Engagement, A* (2004, France)  
**ΨΨΨΨΨ**  
*Vodka Lemon* (2003, France/Armenia)  
 ΨΨΨΨ  
*Wild Strawberries* (1957, Sweden)  
**ΨΨΨΨΨ**  
*Wizard of Oz, The* (1939) **ΨΨΨΨΨ**  
*Yesterday* (2004, South Africa) **ΨΨΨΨΨ**

### TRANSCENDENCE: Humor (playfulness)

- Assisted Living* (2003) ΨΨΨΨ  
*Beautiful Mind, A* (2001) ΨΨΨΨ  
*Before Sunrise* (1995) ΨΨΨΨ  
*Before Sunset* (2004) ΨΨΨΨ  
*Best in Show* (2000) ΨΨΨΨ  
*Big Fish* (2003) ΨΨΨΨ  
*Corpse Bride* (2005) ΨΨΨΨ  
*Good Morning, Vietnam* (1987) ΨΨΨΨ  
*Half Nelson* (2006) ΨΨΨΨ  
*Laughing Club of India, The* (1999, India)  
**ΨΨΨΨΨ**  
*Life Is Beautiful* (1997, Italy) **ΨΨΨΨΨ**  
*Looking for Comedy in the Muslim World*  
 (2005) ΨΨΨΨ  
*Marie Antoinette* (2006) ΨΨΨΨ  
*Mighty Wind, A* (2003) ΨΨΨΨ  
*Murderball* (2005) **ΨΨΨΨΨ**  
*Nothing* (2003, Canada) ΨΨΨΨ  
*One Last Thing* (2005) ΨΨΨΨ  
*Patch Adams* (1998) **ΨΨΨΨΨ**  
*Ridicule* (1996, France) ΨΨΨΨ  
*Road to Welville, The* (1994) ΨΨΨΨ  
*Smile* (2005) ΨΨΨΨ  
*Waiting for Guffman* (1996) ΨΨΨΨ  
*Zorba the Greek* (1964) **ΨΨΨΨΨ**

### TRANSCENDENCE: Spirituality (religiousness, faith, purpose, meaning)

- 10 Questions for the Dalai Lama* (2006)  
 ΨΨΨΨ  
*11'09''01 – September 11* (2002) ΨΨΨΨ  
*13 Conversations About One Thing* (2001)  
 ΨΨΨΨ  
*About Schmidt* (2002) ΨΨΨΨ  
*Alice in Wonderland* (1951) ΨΨΨΨ  
*America's Heart and Soul* (2004) ΨΨΨΨ  
*Apostle, The* (1987) ΨΨΨΨ  
*Around the World in 80 Days* (1956)  
 ΨΨΨΨ  
*Astronaut Farmer, The* (2006) ΨΨΨΨ  
*August Rush* (2007) ΨΨΨΨ  
*Beauty and the Beast* (1991) ΨΨΨΨ  
*Bee Season* (2005) ΨΨΨΨ  
*Believer, The* (2001) ΨΨΨΨ  
*Beloved* (1998) ΨΨΨΨ  
*Bible, The* (1966) ΨΨΨΨ  
*Big Kahuna, The* (1999) ΨΨΨΨ  
*Book of Life, The* (1998) ΨΨΨΨ  
*Box of Moonlight* (1996) ΨΨΨΨ  
*Breakfast on Pluto* (2005, Ireland) ΨΨΨΨ  
*Broken Flowers* (2005) ΨΨΨΨ  
*Bruce Almighty* (2002) ΨΨΨΨ  
*Bucket List, The* (2007) ΨΨΨΨ  
*Children of Men* (2006) ΨΨΨΨ  
*Contact* (1997) ΨΨΨΨ  
*Conversations with God* (2006) ΨΨΨΨ  
*Chronicles of Narnia: The Lion, the  
 Witch, and the Wardrobe, The* (2005)  
 ΨΨΨΨ  
*Crime of Father Amaro, The* (2002, Mex-  
 ico) ΨΨΨΨ  
*Da Vinci Code, The* (2006) ΨΨΨΨ  
*Day Christ Died, The* (1980) ΨΨΨΨ  
*Dead Poets Society* (1989) ΨΨΨΨ  
*Don't Come Knocking* (2005) ΨΨΨΨ  
*E.T.: The Extra-Terrestrial* (1982)  
**ΨΨΨΨΨ**

- Emmanuel's Gift* (2005) **ΨΨΨΨΨ**  
*Employee of the Month* (2006) ΨΨΨ  
*Enlightenment Guaranteed* (2000, Germany) ΨΨΨ  
*Field of Dreams* (1989) **ΨΨΨΨΨ**  
*Francesco* (1989, Italy) ΨΨΨ  
*Francis of Assisi* (1961) ΨΨΨ  
*From the Manger to the Cross* (1912) ΨΨΨ  
*Gandhi* (1982, U.K./India) **ΨΨΨΨΨ**  
*God Is Great and I Am Not* (2001, France) ΨΨΨ  
*Godspell* (1973) ΨΨΨ  
*Golden Compass, The* (2007) ΨΨΨ  
*Gospel According to Saint Matthew, The* (1964, Italy) ΨΨΨΨ  
*Gospel of John, The* (2003) ΨΨΨ  
*Greatest Story Ever Told, The* (1965) ΨΨΨΨ  
*Happenstance* (2000, France) ΨΨΨ  
*Healer, The* (2002) ΨΨΨ  
*Heaven* (1986) ΨΨΨ  
*Heaven's Bookstore* (2004, Japan) ΨΨΨΨ  
*Hitchhiker's Guide to the Galaxy, The* (2005) ΨΨΨΨ  
*Holes* (2003) ΨΨΨ  
*I Heart Huckabees* (2004) ΨΨΨ  
*Ikiru* (1952, Japan) ΨΨΨΨ  
*Illusion* (2004) ΨΨΨ  
*Incredibles, The* (2004) **ΨΨΨΨΨ**  
*Indiana Jones and the Last Crusade* (1989) ΨΨΨΨ  
*Indiana Jones and the Temple of Doom* (1984) ΨΨΨΨ  
*Indigo* (2003) ΨΨΨ  
*Into Great Silence* (2006, France/Germany) ΨΨΨΨ  
*Into the Wild* (2007) ΨΨΨ  
*James' Journey to Jerusalem* (2003, Israel) ΨΨΨ  
*Jarhead* (2005) ΨΨΨ  
*Jesus* (1979) ΨΨΨ  
*Jesus Camp* (2006) ΨΨΨ  
*Jesus Christ Superstar* (1973) ΨΨΨ  
*Jesus Devant Pilate* (1898, France) ΨΨΨ  
*Jesus of Montreal* (1989) ΨΨΨ  
*Jesus of Nazareth* (1977) ΨΨΨ  
*Joe Versus the Volcano* (1990) ΨΨΨ  
*Johanna* (2005, Hungary) ΨΨΨ  
*Joshua* (2002) ΨΨΨ  
*Julie Walking Home* (2002, Germany) ΨΨΨ  
*King of Kings, The* (1961) ΨΨΨ  
*Kingdom of Heaven* (2005) ΨΨΨ  
*Kissing Jessica Stein* (2001) ΨΨΨ  
*Kumbh Mela: Songs of the River* (2004) ΨΨΨΨ  
*Kundun* (1997) ΨΨΨ  
*Lagaan: Once Upon a Time in India* (2001, India) ΨΨΨ  
*Last Temptation of Christ, The* (1988) ΨΨΨΨ  
*Little Buddha* (1993, France) ΨΨΨ  
*Mindwalk* (1990) ΨΨΨ  
*Miracle Maker, The* (2000) ΨΨΨ  
*Monsieur Ibrahim* (2003, France) **ΨΨΨΨΨ**  
*Monty Python and the Holy Grail* (1975, U.K.) ΨΨΨ  
*Monty Python's Life of Brian* (1979) ΨΨΨ  
*Monty Python's the Meaning of Life* (1983, U.K.) ΨΨΨ  
*Moonstruck* (1987) ΨΨΨ  
*Mother Teresa* (2003, Spain/U.K.) **ΨΨΨΨΨ**  
*Naked* (1993, U.K.) ΨΨΨ  
*Nativity Story, The* (2006) ΨΨΨ  
*Pact of Silence, The* (2002, France) ΨΨΨ  
*Paradise Now* (2005, Palestine/Israel) ΨΨΨ  
*Paris, Texas* (1984) ΨΨΨΨ  
*Passion of the Christ, The* (2004) ΨΨΨΨ  
*Pleasantville* (1998) ΨΨΨΨ  
*Priest* (1994, U.K.) ΨΨΨ  
*Princess and the Warrior, The* (2000, Germany) **ΨΨΨΨΨ**  
*Raiders of the Lost Ark* (1981) ΨΨΨΨ  
*Ram Dass, Fierce Grace* (2001) ΨΨΨΨ  
*Razor's Edge, The* (1984) ΨΨΨ  
*Rumi: Poet of the Heart* (1998) ΨΨΨ  
*Run Lola Run* (1998, Germany) **ΨΨΨΨΨ**  
*Secret of Roan Inish* (1994, U.S./Ireland) ΨΨΨ  
*Serpico* (1973) ΨΨΨΨ  
*Seventh Seal, The* (1957, Sweden) ΨΨΨΨ  
*Shane* (1953) ΨΨΨΨ  
*Signs* (2002) ΨΨΨΨ



*Sliding Doors* (1998) ΨΨΨ  
*Spring, Summer, Fall, Winter...and Spring*  
 (2003, South Korea) ΨΨΨΨ  
*St. Francis of Assisi* (1944, Mexico) ΨΨΨ  
*Stranger Than Fiction* (2006) ΨΨΨΨ  
*Tao of Steve, The* (2000) ΨΨΨ  
*Ten Commandments, The* (1956) ΨΨΨΨ  
*Therese: Story of St. Therese of Liseaux*  
 (2004) ΨΨΨΨ  
*Thumbsucker* (2005) ΨΨΨ  
*Transamerica* (2005) ΨΨΨΨ  
*Travelers and Magicians* (2003, Bhutan)  
 ΨΨΨΨ  
*Virgin* (2003) ΨΨΨ  
*Waiting for Happiness* (2002, Maurita-  
 nia/France) ΨΨΨ

*War Within, The* (2005) ΨΨΨ  
*Weather Man, The* (2005) ΨΨΨ  
*What the Bleep Do We (K)now!?* (2004)  
 ΨΨΨΨ  
*What the Bleep!?: Down the Rabbit Hole*  
 (2006) ΨΨΨ  
*Why Has Bodhi-Dharma Left for the East?*  
 (1989, South Korea) ΨΨΨΨ  
*Wide Awake* (1998) ΨΨΨΨ  
*Wizard of Oz, The* (1939) ΨΨΨΨΨΨ  
*Y Tu Mama Tambien* (2001, Mexico)  
 ΨΨΨ  
*Yogis of Tibet, The* (2002) ΨΨΨ  
*You Can Count on Me* (2000) ΨΨΨ  
*Zen Noir* (2004) ΨΨΨΨ